



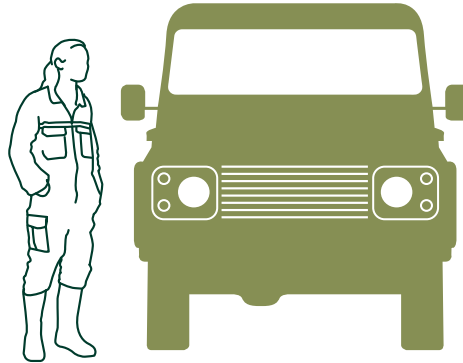
**YORKSHIRE DALES**  
National Park

# To enjoy your day it's important to follow the rules

**RESPECT THE LAND**

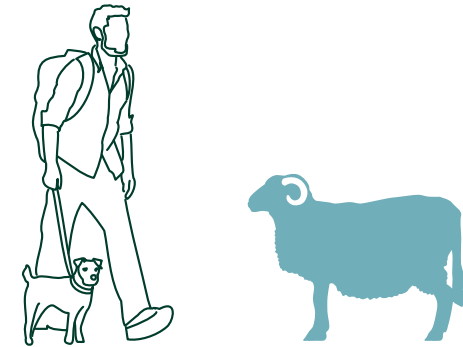
**RESPECT THE COMMUNITY**

**RESPECT EACH OTHER**



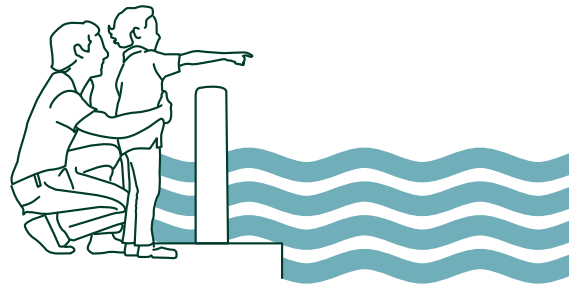
## **Respect The Land**

Remember much of the land is privately owned. Respect the life and work of people who live here.



## **Walk Dogs Safely**

Pregnant sheep get stressed and can miscarry if they start running when dogs are near. Keep your dog on a lead from November and throughout lambing time.



## **Be Water Aware**

Rivers and lakes can be extremely cold, deep and difficult to get out of. There may also be hidden hazards below the surface. Always check before you enter. If you find someone in difficulty in water in the Dales, call 999 and ask for Fire & Rescue.



## **Respect The Community**

Keep to rights of way, especially through fields and meadows, and leave gates as you find them.

## **Take Your Litter Home**

Leave no trace. Take nothing but photos, leave nothing but footprints.



**YORKSHIRE DALES**  
National Park

# Reeth to Healaugh 3 miles (4½ km)

**Start:** from the National Park Centre, head away from the village green and past the pottery shop to find a narrow ginnel. Follow it to the road, turn left and then right to go past the doctor's surgery along a lane with a raised flagged pavement.

**RESPECT THE LAND**

**RESPECT THE COMMUNITY**

**RESPECT EACH OTHER**

