YORKSHIRE DALES
National Park

Aysgarth Walks

Lower and Middle Falls

Approx. 1 mile (1.6 km), allow 40 mins

●●●● Follow blue route

Turn right out of the car park, carefully cross the road and enter Freeholders' Wood. This route is suitable for wheelchairs and pushchairs, apart from the last loop.

Upper Falls

Approx. ½ mile (0.8 km), allow 30 mins

●●●● Follow purple route

Take the path from the bottom of the car park to find the Upper Falls.

Woodland walk

Approx. 1 mile (1.6 km), allow 30 mins

●●●● Follow red route

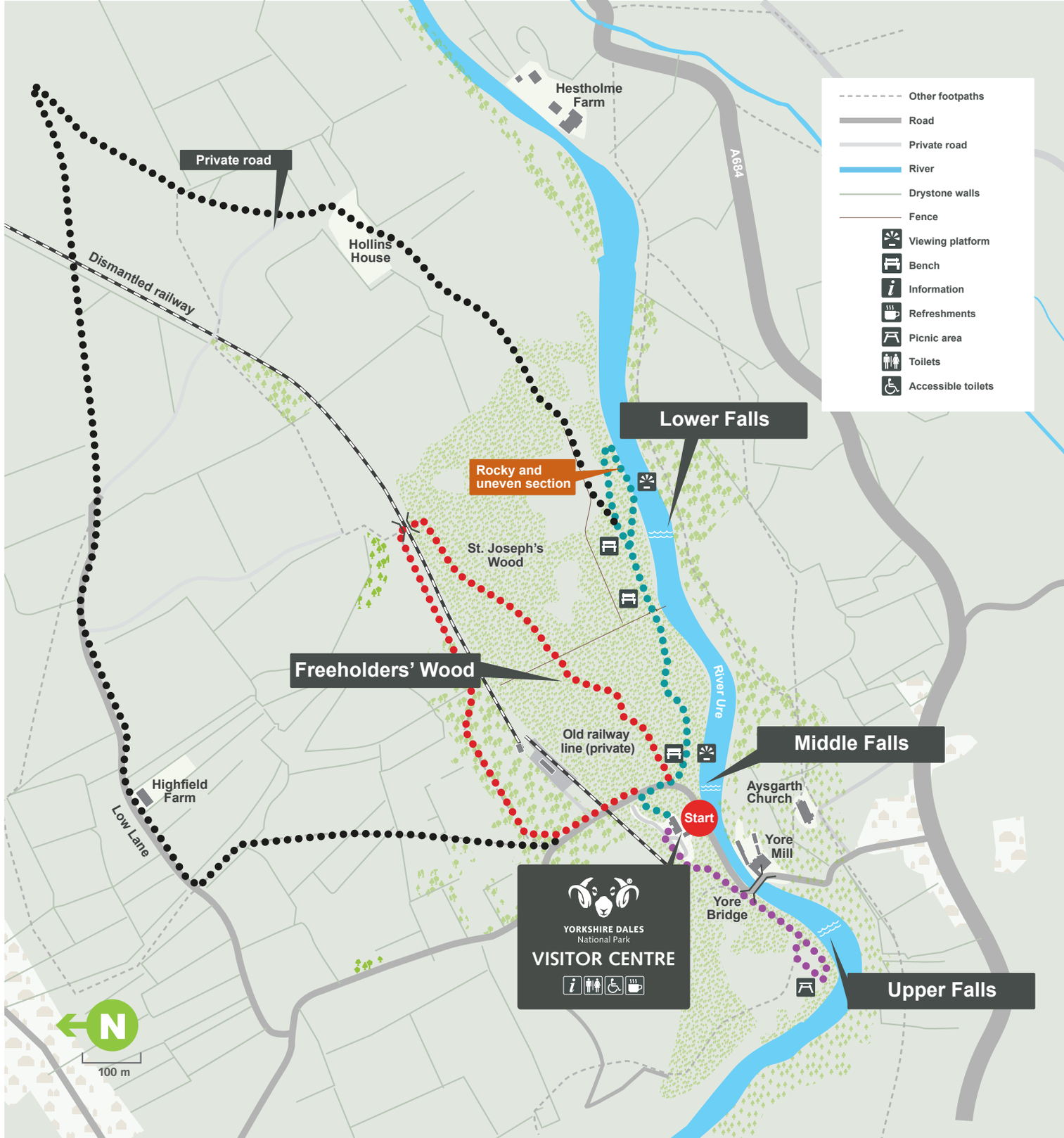
Take the waymarked walk through ancient Freeholders' Wood.

Countryside walk

Approx. 2.7 miles (4.3 km), allow 1½ hrs

●●●● Follow black route

Take the blue route past the Middle and Lower Falls then follow the black waymarkers out of the woods. Please note, this route is through private, working farmland; follow the Countryside Code and keep dogs on a lead.



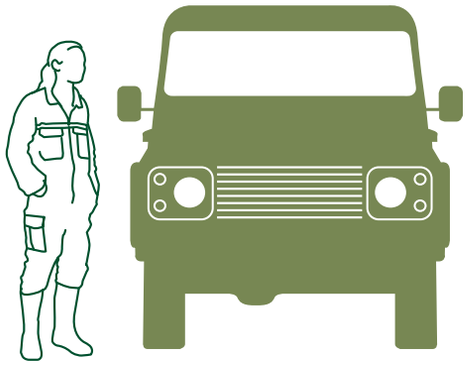
YORKSHIRE DALES
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To enjoy your day it's important to follow the rules

RESPECT THE LAND

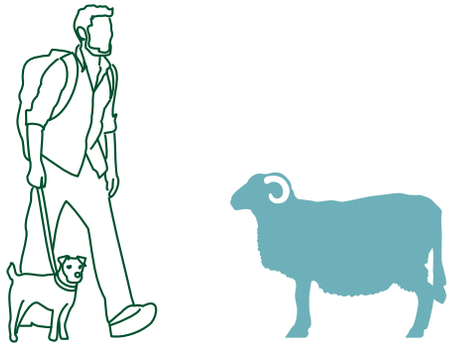
RESPECT THE COMMUNITY

RESPECT EACH OTHER



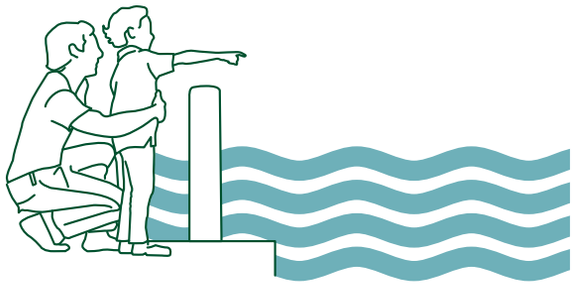
Respect The Land

Remember much of the land is privately owned. Respect the life and work of people who live here.



Walk Dogs Safely

Pregnant sheep get stressed and can miscarry if they start running when dogs are near. Keep your dog on a lead from November and throughout lambing time.



Be Water Aware

Rivers and lakes can be extremely cold, deep and difficult to get out of. There may also be hidden hazards below the surface. Always check before you enter. If you find someone in difficulty in water in the Dales, call 999 and ask for Fire & Rescue.



Respect The Community

Keep to rights of way, especially through fields and meadows, and leave gates as you find them.



Take Your Litter Home

Leave no trace. Take nothing but photos, leave nothing but footprints.