In the Dales

Malham

YORKSHIRE DALES
National Park

Malham National Park Visitor Centre is a great starting point for anyone wanting to make the most of their visit. Chat to the friendly staff, find ideas of things to do, enjoy the interesting displays, and relax in the walled garden.

Public transport

There are buses to Malham from Settle and Skipton – for details visit www.dalesbus.org/malham

Walks

- Start at Malham National Park car park. www.yorkshiredales.org.uk/short-walks
- Enjoy the accessible route to the awe-inspiring **Malham Cove** – sit and take in the beauty or try to spot a peregrine falcon nesting in March, April and May.
- Climb the steps to the top – don't forget to count them!
- Take a picnic and eat it at the top of the Cove – look at the breathtaking views down Malhamdale.
- Continue on the 3.9 mile **Malham Landscape Trail,** if you are feeling adventurous.



Malham National Park Visitor Centre © Andy Kay

- Walk to **Janet's Foss** and experience the magic – it is believed that Janet was the queen of the local fairies and lived behind the waterfall. www.yorkshiredales.org.uk/folklore-of-the-dales
- For more walks in Malham and Malhamdale, download our free Yorkshire Dales walking app. www.yorkshiredales.org.uk/yorkshiredales-walkingapps

Shops and cafés

Walk into Malham and get an ice cream or a cup of tea and cake. There's a range of cafés and restaurants to choose from or you can grab a picnic to take with you on a walk.

Nature connection activities

- Spend time in the National Park Visitor Centre garden
- What can you find living in the stream opposite the National Park Visitor Centre?
- Have a look at the Malham resources on the website to further your skills and learn about the geology of Malham. www.yorkshiredales.org.uk/learning-and-education-resources

Before your walk, take a look at our 'Dressing for your day in the Dales' guide.

Countryside Code

If you follow the Countryside Code wherever you go, you'll get the most enjoyment possible and help to protect the countryside now and for future generations.

Respect other people

- Consider the local community and other people enjoying the outdoors
- Leave gates and property as you find them and follow paths.

Protect the natural environment

- Leave no trace of your visit and take your litter home
- Keep dogs under effective control.

Enjoy the outdoors

- Plan ahead and be prepared
- Follow advice and local signs.

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