In the Dales

Accessibility

YORKSHIRE DALES
National Park

A few points on how we are trying to make the Yorkshire Dales more accessible for all

There are a number of **accessible toilets** which can be found in and around the National Park. All our car parks have toilets with RADAR facilities, with the exception of Linton Falls. Most of the accessible toilets require RADAR keys.
We also have Changing Places facilities at the Dales Countryside Museum, Hawes and Grassington.
www.yorkshiredales.org.uk/accessible-toilets

Our **Miles Without Stiles** routes are suitable for those in wheelchairs, buggies or even dogs that can't negotiate stiles easily. They are all under two miles. The routes are colour-coded depending on the type of surface and gradient.
www.yorkshiredales.org.uk/miles-without-stiles

Wheelchair hubs

There are places where all-terrain wheelchairs or a Tramper can be hired, including Aysgarth Falls and Malham. These are specially designed to be used out in the countryside. Find out where you can hire them and suggestions of suitable routes, such as Aysgarth Falls, Malham Tarn and Ingleton Nature Trail, at **www.accesshub.yorkshiredales.org.uk**

Space for prayer

When our National Park Visitor Centres are open, our staff would be happy to guide you to an indoor space for prayer in the local area.

The Muslim Hikers Countryside Code video sums up a few important tips about prayer time outdoors. Learn important messages, and skip to 1 minute 28 seconds for notes from Haroon on prayer time at **www.youtube.com**

Summary of points from the video:

- Be mindful of other walkers, find somewhere quiet away from the path, and ensure you aren't blocking any entrances to Public Rights of Way.
- Follow local signs and stick to marked paths.

Languages

For more information in Hindi, Urdu and Mandarin, visit the Mosaic Outdoors channel at **www.youtube.com**

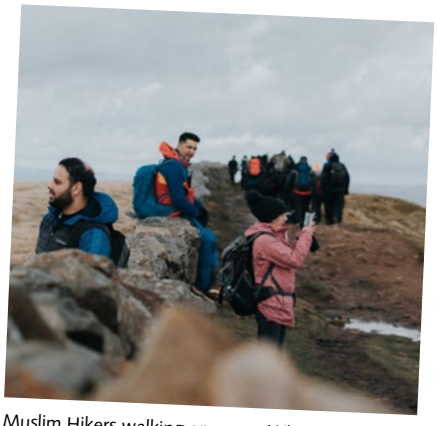


A Tramper in use at Grimwith Reservoir
© Stephen Garnett Photography

Public transport

There are a number of different options for public transport, including regular bus and train services. Find out more at **www.yorkshiredales.org.uk/travel-information**

If there is anything else, you can think of that would support you to visit the National Park, please get in touch with us at **learning@yorkshiredales.org.uk**



Muslim Hikers walking group on Whernside
© Muslim Hikers

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